

FREE STYLE SCHEDULE: JUNE 2024

30-minute Sessions (Dates & Times are Subject to Change)



Free Style: This is for Basic 3, Mite Hockey and above skaters/players or individuals taking private lessons with a coach.
 Skaters below basic 3 or hockey players below Mite level are NOT allowed to be on the ice unless they are in a lesson with a coach.
 Sticks and Pucks only allowed on Hockey Free Styles

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
UPDATED 5/30/24				<p>All Summer Skate School Classes are Listed in Bold and are an additional fee. Completely separate from Free Style.</p>	<p>Summer Skate School Resident \$9.00 Non Resident \$11.50</p>	<p>Rink 2 8:30am – 10:30am</p>
Rink 2 12:00pm-1:30pm (Hockey FS)	<p>Rink 2 6:00am-9:00am 9:15am-11:45am 1:45pm-4:15pm 4:30pm-6:00pm</p>	<p>Rink 2 6:00am-9:00am Power -SSS 9:15am – 9:45am 9:45am-11:15am 2:00pm-4:30pm 4:45pm-6:15pm</p>	<p>Rink 2 6:00am-9:00am Spins -SSS 9:15am – 9:45am 9:45am-11:45am 1:45pm-4:45pm</p>	<p>Rink 2 6:00am-9:00am Jumps -SSS 9:15am – 9:45am 9:45am-11:45am 4:45pm-6:15pm</p>	<p>Rink 2 6:00am-9:00am 9:15am-11:15am Instructor Based -SSS 11:15am – 11:45am 3:15pm-4:45pm 5:00pm-7:00pm</p>	<p>Rink 2 8:30am – 10:30am</p>
Rink 2 12:00pm-1:30pm (Hockey FS)	<p>Rink 2 6:00am-9:00am 9:15am-11:45am 1:45pm-4:15pm 4:30pm-6:00pm</p>	<p>Rink 2 6:00am-9:00am Power-SSS 9:15am – 9:45am 9:45am-11:15am 2:00pm-4:30pm 4:45pm-6:15pm</p>	<p>Rink 2 6:00am-9:00am Spins -SSS 9:15am – 9:45am 9:45am-11:45am 1:45pm-4:45pm</p>	<p>Rink 2 6:00am-9:00am Jumps -SSS 9:15am – 9:45am 9:45am-11:45am 4:45pm-6:15pm</p>	<p>Rink 2 6:00am-9:00am 9:15am-11:15am Instructor Based -SSS 11:15am – 11:45am 3:15pm-4:45pm 5:00pm-7:00pm</p>	<p>Rink 2 8:30am – 10:30am</p>
Rink 2 6:00am-8:30am 1:45pm-4:15pm 4:30pm-6:00pm	<p>Rink 2 6:00am-8:30am 2:00pm-4:30pm 4:45pm-6:15pm</p>	<p>Rink 2 6:00am-8:30am 2:00pm-4:30pm 4:45pm-6:15pm</p>	<p>Rink 2 6:00am-8:30am 1:45pm-4:45pm</p>	<p>Rink 2 6:00am-8:30am 4:45pm-6:15pm</p>	<p>Rink 2 6:00am-9:00am 9:15am-11:15am Instructor Based -SSS 11:15am – 11:45am 3:15pm-4:45pm 5:00pm-7:00pm</p>	<p>Rink 2 8:30am – 10:30am</p>
Rink 2 12:00pm-1:30pm (Hockey FS)	<p>Rink 2 6:00am-9:00am 9:15am-11:45am 1:45pm-4:15pm 4:30pm-6:00pm</p>	<p>Rink 2 6:00am-9:00am Power-SSS 9:15am – 9:45am 9:45am-11:15am 2:00pm-4:30pm 4:45pm-6:15pm</p>	<p>Rink 2 6:00am-9:00am Spins -SSS 9:15am – 9:45am 9:45am-11:45am 1:45pm-4:45pm</p>	<p>Rink 2 6:00am-9:00am Jumps -SSS 9:15am – 9:45am 9:45am-11:45am 4:45pm-6:15pm</p>	<p>Rink 2 6:00am-9:00am 9:15am-11:15am Instructor Based -SSS 11:15am – 11:45am 3:15pm-4:45pm 5:00pm-7:00pm</p>	<p>Rink 2 8:30am – 10:30am</p>
Rink 2 12:45am-1:45pm (Hockey FS)	<p>Rink 2 6:00am-9:00am 9:15am-11:45am 1:45pm-4:15pm 4:30pm-6:00pm</p>	<p>Rink 2 6:00am-9:00am Power-SSS 9:15am – 9:45am 9:45am-11:15am 2:00pm-4:30pm 4:45pm-6:15pm</p>	<p>Rink 2 6:00am-9:00am Spins -SSS 9:15am – 9:45am 9:45am-11:45am 1:45pm-4:45pm</p>	<p>Rink 2 6:00am-9:00am Jumps -SSS 9:15am – 9:45am 9:45am-11:45am 4:45pm-6:15pm</p>	<p>Rink 2 6:00am-9:00am 9:15am-11:15am Instructor Based -SSS 11:15am – 11:45am 3:15pm-4:45pm 5:00pm-7:00pm</p>	<p>Rink 2 8:30am – 10:30am</p>